

The Ballet & Dance Center

ADULT DIVISION – DANCE YEAR SCHEDULE

September 11, 2023 to May 15, 2024

*SSD Studio B is located at 920 Euclid Ave., Syracuse, NY 13210 (in the Erwin United Methodist Church)

*BDC Studio #1 is located at 3470 Erie Blvd East, Suite 300, DeWitt NY 13214 (across from Starbucks)

SSD - Studio B

Monday	Ballet - Adult Beginning II	Mary Pat Speno	5:30-6:30 p.m.
	Modern - Adult Adv.	Laurie Deyo	6:30-7:45 p.m.
	Jazz - Adult Adv.	Mary Pat Speno	7:45-9:00 p.m.
Tuesday	Contemporary - Adult	Rachel Prikazsky	6:00-7:15 p.m.
Wednesday	Ballet - Adult Continuing	Helen Moore	5:30-6:45 p.m.
	Ballet - Adult Int./Adv.	Helen Moore	6:45-8:00 p.m.
	Ballet - Adult Beginning I	Helen Moore	8:00-9:00 p.m.
Thursday	Modern - Adult Int.	Laurie Deyo	5:30-6:45 p.m.
Friday	Hip Hop - Teen/Adult	Brandon Jones	TBD (6:30-7:45 p.m.?)
Saturday	Tap - Adult Beginning/Continuing	Barbara LaNeve	10:00-11:00 a.m.
	Tap - Adult Int./Adv.	Barbara LaNeve	11:00 a.m.-12:00 p.m.

BDC - Studio #1

Monday	Zena Rommett Floor Barre®	Hanni Schwarzlander	9:00-10:00 a.m.
Tuesday	Ballet - Adult Continuing	Hanni Schwarzlander	12:00-1:30 p.m.

On Zoom Call (315) 446-6600 for Zoom ID & Passcode

Monday	Pilates	Karen Menter	8:00-9:00 a.m.
Thursday	Pilates	Karen Menter	9:00-10:00 a.m.

CLASS ATTIRE:

Females - any color leotard and pink tights. An appropriate option is any solid color fitted shirt and leggings (i.e. Pilates, Yoga or workout clothes).

Males - any solid color leotard or t-shirt, black tights or jazz pants.

SHOES:

Females - pink ballet shoes. Males - black ballet shoes.

Females & Males - black or tan jazz shoes, black tap shoes, bare feet (bring socks) for Modern & Contemporary.

Call (315) 446-6600 or email kfalcone@TheBalletAndDanceCenter.com